

Neighbourhood Network Schemes

Action for Gipton Elderly (AGE)
Aireborough Voluntary Services to the Elderly with Disabilities (AVSED)
Armley Helping Hands
Belle Isle Elderly Winter Aid
Bramley Elderly Action
Burmantofts Senior Action
Caring together in Woodhouse & Little London
Chapel Allerton Good Neighbours
Community Action for Roundhay Elderly (CARE)
Crossgates & District Good Neighbours
Farsley Live at Home Scheme
Halton Moor and Osmondthorpe Project for Elders (HOPE)
Hamara
Hawsworth OlderPeople's Support (HOPS)
Holbeck Elderly Aid
Horsforth Live at Home Scheme
Leeds Black Elders Association
Meanwood Elders Neighbourhood Action (MENA)
Middleton Elderly Aid
Moor Allerton Elderly Care (MAECare)
Morley Elderly Action
Neighbourhood Action in Farnley, New Farnley & Moor Top
Neighbourhood Elders Team (Garforth)
North Seacroft Good Neighbours Scheme
Older People's Action in the Locality (OPAL)
Older Wiser Local Seniors (OWLS)
Otley Action for Older People
Pudsey Live at Home Scheme
Richmond Hill Elderly Action
Rothwell & District Live at Home Scheme
Supporting the Elderly People (STEP)
South Leeds Live at Home Scheme
South Seacroft Friends and Neighbours Scheme
Swarcliffe Good Neighbours Scheme
Trinity Network
Wetherby in Support of the Elderly (WISE)

Neighbourhood Network Schemes



Voluntary Organisations supported by Leeds City Council Adult Social Care

Community care for older people in Leeds

Services, activities and opportunities

Promoting health, well-being and independence

Neighbourhood Network Schemes provide a range of services and activities for older people across Leeds. The schemes are supported by Leeds Adult Social Care and other funding, and are managed by local people who decide what they want from their scheme.

Each one of the schemes has information about other services that are available locally and elsewhere in the city.

About The Schemes

The Leeds Neighbourhood Network comprises locally based schemes, run by committees that are representative of the communities they serve, with the aim of enabling older people to feel included in their local community and to have choice and control over their lives.

Each of the schemes delivers a range of services, shaped by local people to meet these outcomes, including health related activities, digital inclusion, social groups, outings and trips, information and advice and practical support. These services are largely delivered by volunteers, many of whom are older people.

Self-referral is the most common way into to the NNS, but agency referrals are taken. The majority of schemes provide services to people aged 60 and over, though there is flexibility to allow friends, family and carers to benefit.



If you wish to know more or would like to contact your local Neighbourhood Network then please contact Sean Tunnicliffe, Communications Officer, at Leeds Older People's Forum on (0113) 244 1697 or email: sean@opforum.org.uk



What The Schemes Do

Support

- Advocacy
- Befriending
- Bereavement support
- English classes
- Form filling
- Home-from-hospital service
- Letter writing
- Referrals to other organisations
- Shopping
- Support for carers
- Support visits
- Telephone links
- Winter warmth

Around The Home

- Cleaning
- Decorating
- Energy efficiency
- Gardening
- Handyperson
- Home safety
- Home security

Transport

- Appointments
- Hospital visiting
- Shopping
- Transport to social centres
- Trips and outings

Leisure & Recreation

- Arts and crafts
- Breakfast & lunch clubs
- Coffee mornings
- Friendship groups
- Gardening clubs
- Holidays
- Intergenerational activities
- IT classes
- Men's groups
- Mobile libraries
- Outings and trips
- Reminiscence
- Singing

- Theatre groups
- Volunteering opportunities

Healthy Living

- Advice & awareness
- Aerobics/Gentle exercise
- Dancing
- Health fairs
- Healthy eating & cooking
- Flu immunisation
- Movement and mobility classes
- Pilates/Tai Chi
- Stroke clubs

Advice & Information

- Advice clinics
- Drop in sessions
- Information days
- Leaflets
- Newsletters
- Signposting

"I was at the end of my tether, when a friend advised me to get in touch with Caring Together. What a lifeline it has been. I can give a bit of my time and also have access to fun events and activities."